



MICHAEL APA,  
DDS

**FULL SERVICE**

**SPECIALTY:** Fillers aren't the only option to plump lips and hollowed-out cheeks. New York City cosmetic dentist Apa tweaks the teeth of socialites and supermodels to add fullness and subtract years.

**SECRET WEAPON:** Apa strategically places ceramic crowns on rear molars for a balanced bite, reducing marionette lines. Combined with veneers, this "fills the smile out for fuller cheeks."

**QUICK FIX:** Crest 3D White 2 Hour Express Whitestrips are the "fastest, most efficient over-the-counter option."

**THE KIT**



Upgrade to an **ORAL-B Professional Care SmartSeries** brush, "which moves thousands of times per minute versus a few hundred with a manual brush"; **TRIDENT Xtra Care** Gum contains a calcium derivative that "can rebuild enamel and recalcify cavities"; brighten with **CREST 3D Whitestrips**; **THE NATURAL DENTIST Healthy Gums Mouth Rinse** is the best "nonprescription option for fighting gum disease."

All still lifes: Steven Krause; portrait: courtesy of subject